

## Hot & Helpline Numbers

**The National Suicide Prevention Lifeline** is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. By dialing [1-800-273-TALK \(8255\)](tel:1-800-273-TALK), the call is routed to the nearest crisis center in our national network of more than 150 crisis centers. The Lifeline's national network of local crisis centers provide crisis counseling and mental health referrals day and night.

**Crisis Text Line** is free, 24/7 support for those in crisis. **Text 741741** from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis. With over 100 million messages processed to date, we're growing quickly, but so is the need.

**1-855-654-6735 NJ Hopeline-** New Jersey's 24/7 Peer Support & Suicide Prevention Hotline. When you want to give up, our specialists are available for confidential telephone counseling.

**NJ Hopeline Online Chat** enables you to communicate one-on-one with a specialist who understands what you are going through and is here to help you cope. You get the benefit of a private conversation between only you and our specialist. You can also control your anonymity via your user profile. Start chatting now- <http://www.njhopeline.com/LiveChat.htm>

**AtlantiCare Psychiatric Intervention Program 609-344-1118** Located in the Emergency Center of AtlantiCare Regional Medical Center City Campus, Atlantic City. 24 hours a day, 7 days a week. Provides evaluation and appropriate referral for clients to outpatient mental health services or inpatient treatment. Can provide telephone referral, support and guidance.

**The American Association of Poison Control Centers** prevent and treat poison exposures. Poison centers offer free, confidential medical advice 24 hours a day, seven days a week through the Poison Help Line at **1-800-222-1222**. This service provides a primary resource for poisoning information and helps reduce costly emergency department visits through in-home treatment.

**Peer Recovery WarmLine (PRW) 1-877-292-5588** is a peer-run service providing ongoing telephone support to mental health consumers as they work towards their recovery. All calls are answered by peers who are trained, supportive mental health consumers. PRW is live Monday to Friday, 8 am to 10 pm, Saturday and Sunday, 5 pm to 10 pm, and holidays, 3 pm to 10 pm.

**NJMentalHealthCares (1-866-202-HELP(4357))** is New Jersey's mental health information and referral service. Our staff of mental health professionals uses their experience and understanding of the mental health system to provide callers to information and connect them to the mental health and services they need, such as: legal, housing, employment, rehabilitation, inpatient and outpatient, self help and more.

**The NJ Connect for Recovery Call Line 1-855-652-3737** established to support two distinct groups across the state of New Jersey: those concerned with their own opiate use; and, those who are experiencing distress related to the opiate use of a friend or family member. This service is a safe, confidential, nonjudgmental forum that New Jerseyans may call to connect, grow and transform through a unique combination of supportive counseling from Certified Alcohol and Drug Counselors and Peer Specialists.

**Alcoholics Anonymous-** Atlantic and Cape May Counties Hotline - **800-604-4357**

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere.

**AI-ANON 856-547-0855-** South Jersey Information Service (SJIS) is a registered Area Information Service and Literature Distribution Center of Al-Anon Family Group Headquarters Inc. We provide information and literature to the public and over 90 Al-Anon/Alateen groups that meet weekly in our area.

**Gambling Support** New Jersey Hotline Number: 855-2CALLGA (855-222-5542)  
Southern New Jersey Hotline Number: 855-2 CALL-GA (855-222-5542)

**Narcotics Anonymous Helpline:** 800-992-0401

In New Jersey, any person having reasonable cause to believe that a child has been subjected to abuse or acts of abuse should immediately report this information to the State Central Registry (SCR). If the child is in immediate danger, call 911 as well as **1-877 NJ ABUSE (1-877-652-2873)**. A concerned caller does not need proof to report an allegation of child abuse and can make the report anonymously

**Atlantic County Women's Center 24-hour crisis hotline: 609-646-6767 or 800-286-4184**



**Mental Health  
Association in  
New Jersey, Inc.**

**MENTAL HEALTH ASSOCIATION IN ATLANTIC COUNTY**

**4 EAST JIMMIE LEEDS ROAD, SUITE 8 GALLOWAY NJ 08205**

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