



Please contact Yvonne Tran for more information

609-652-3800 ext. 308

ytran@mhanj.org

mhaac.info



MHA IN-PERSON GROUPS

<p>Better Together</p>	<p>Mondays 4pm - 5pm Oceanside II Family Success Center 3201 Atlantic Ave, Atlantic City, NJ 08401</p>
<p>Expressions (HYBRID 1st & 3rd)</p>	<p>**<u>This group occurs in person and on zoom simultaneously</u>** Tuesdays 11am - 12pm Mental Health Association in Atlantic County 4 E Jimmie Leeds Rd #8, Galloway, NJ 08205</p>
<p>Got Stress</p>	<p>Wednesdays 9am - 10am John Brooks Recovery Center 660 Black Horse Pike, Pleasantville, NJ 08232 For more information, please contact Emily McCall (@emccall@mhanj.org).</p>
<p>Living in the Moment</p>	<p>Wednesday 10:30am - 11:30am Mental Health Association in Atlantic County 4 E Jimmie Leeds Rd #8, Galloway, NJ 08205</p>