

Reliable Educational Resources for Information on Eating Disorders



FEAST

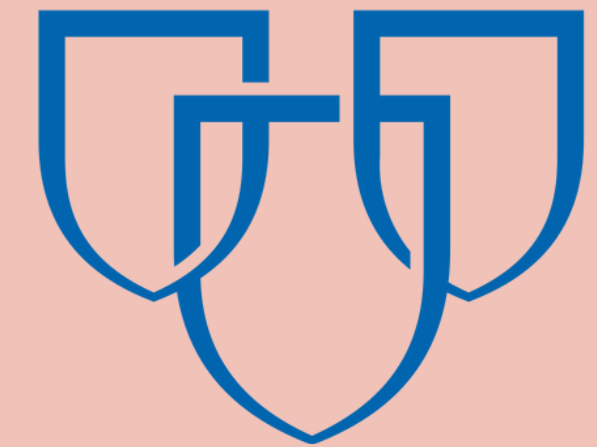
- **Global community offering resources and support for families affected by eating disorders**
- **Provides guides on treatment, recovery, and family involvement**



National Institute of Mental Health

- **Comprehensive information on:**
 - **Types of eating disorders**
 - **Symptoms**
 - **Treatment options**
 - **Current research**

MAYO
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Mayo Clinic

- **Thorough overview of:**
 - **Causes**
 - **Risk factors**
 - **Treatment options**
 - **Long-term management strategies**